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PROJECT MANAGER

” IT GOT TO THE POINT WHEN I STARTED TO HEAR THOSE WORDS MY MOTHER SHOUTED AT ME ”

I HAVE BEEN A NATURAL HAIR GAL FOR THE LAST 20 YEARS, SIMPLY BECAUSE I BELIEVE WE SHOULD WEAR OUR HAIR WITH PRIDE AND WE SHOULD THROW AWAY ALL THOSE MISCONCEPTIONS ABOUT OUR HAIR. GROWING UP I HEARD WOMEN SAY “MY HAIR ISN’T MANAGEABLE, I CAN’T GO TO THE OFFICE WITH MY HAIR IN AN AFRO ,OR I CAN’T GET MY HAIR WET, OTHERWISE IT WILL SHRINK”

For a short period of time, I believed that I should relax braid or weave my hair but fortunate for me I like to be different and stand out from the crowd. I decided that natural hair was for me. I often got ridiculed from my friends for not conforming but I didn’t care. By the time I started university I met girls who rocked their natural hair and looked beautiful., Times have changed now, natural hair is more acceptable and there are more salons and hair products readily available for us to indulge and pamper our hair. I have been quite fortunate that I have worked within the public sector and have been able to be myself. Going to work was a breeze; I did not worry about my hairs because I was thrived off being myself. Wearing my hair was never been a problem for me or the company I worked for. I used to have locks and wore them proudly; they were long, neat and healthy. I attended regular hair appointments and enjoyed it went the hair technician washed and shampooed my hair and spent a few hour twisting and styling my hair. I loved the smell of the conditioner and the oil he used, the process was enjoyable and relaxing. I walked out of the salon fresh with my hair looking pretty. After many years of growing my hair, I started getting board; I am the type of person who likes variety and who likes to be original. I realised that all of my girlfriends my family had locks.

‘BE YOURSELF EVERYONE IS TAKEN!’

#HAIRSAY HAIRSTORIES

"I DITCHED THE BARBERS & DECIDED TO LOOK AFTER MY HAIR AGAIN"

At first I was happy to be a part of the unit but then I started feeling like a clone. At that time I was going through many changes personally in my life and felt that it was time to cut my locks and start something new. I needed new energy and importantly new hair. After months of battling with my conscious I done it!!! I cut my hair off and it was bald. My parents were furious. As Rastafarians they believed I cut off my strength and my beauty in many ways they were right.

For three short years, I was rocking the "amber rose, Grace Jones and Alec Wek look. I was bald and proud. I stood out! People approached me to compliment me on my brave choice. I was happy and glowing. I didn't realise that having no hair would make me feel free. The only problem was that I couldn't get a man. Men approached me but only to compliment me or to ask me if was terminally ill. It got to the point when I started to hear those words "my mother shouted at me" you have cut off your beauty" I realised I had to do something, even my friend confessed that she tried to set me up with a few of her male friends. They told her that I was beautiful but I needed to grow some hair. In September 2013 I

decided to grow my hair, I had enough!!! Was ready to start my renewed hair growth. I ditched the barbers and decided to look after my hair again. The first three months were easy my hair was short and neat. I was able to wash and condition it every other day my hair started growing with nice kinky coils. I put grease and sprayed it with conditioner on a daily basis and my hair was healthy. As my hair continued to grow I noticed it became dry and brittle so I started to try new products. My friend

suggested using products from ORS and Dr miracle grow and since then I haven't looked back. Since going to the gym I have to maintain a tight hair regime where I use a hot treatment, wash and condition it every week. Some people say it's not good to wash your hair often but I believe it work for me. My hair has grown but it's still in its early stages. I can now cornrow my hair. I can't wait for it to grow so I can wear a big afro . I just can't wait!!!! BE YOURSELF... EVERYONE IS TAKEN!!

